

Stepping into your Biography



A biography workshop with George Perry (biographical counsellor) and Magali Müller-Peddinghaus (eurythmist)

Elysia Therapy Centre, 52 Bowling Green Rd, Stourbridge
DY8 3RZ

12 - 14 December 2025

Friday 7pm through to Sunday 4pm

Booking fee: £150 (Early bird by 23.11 £130)

Non-residential

For registration or more information, contact: George Perry
07973134739 email: georgeperry1@mac.com

A new weekend workshop that will enable you to review your life, renew its present purpose and meaning, and prepare to make new steps. Uniquely addressing our whole person with supporting Eurythmy exercises, insightful talks, playfulness and sacred conversation, we will explore our life path so far and how we might go forward.

It's not about reliving our experiences but rather bearing witness to them, standing on the river bank as the river of our life flows past - without getting back into the flow.

That way we can make sense of what has been and honour it as part of the journey that has brought us to where we are.

We will work in a safe and supportive way, starting Friday evening, all day and evening on Saturday, finishing mid-afternoon on Sunday

Open to anyone with questions about their life



George Perry

George is a facilitator and trainer specialising in accompanying individuals and organisations through the challenges of change. He has wide experience in community development and in business. George is a qualified Biographical Counsellor and Couple Therapist, currently working in-person and online. He has designed and led biography workshops for over 35 years. More information at www.tourmalinecoachingandcounselling.co.uk.

Magali Müller Peddinghaus

Magali holds a Master's in Social Eurythmy from the Alanus University and works as a trainer in different professional eurythmy trainings, and as a facilitator supporting developmental processes of teams and organisations with social and artistic interventions.

She has wide experience in Waldorf schools including early childhood education, in teacher training and in social eurythmy (eurythmy in working life, after Annemarie Ehrlich).

She currently lectures in many teaching centres around Europe and in China.

